

Your Money & Finance

Why is it that some people have an abundance of money whilst others are 'just over broke?' Do you really think that it is all down to luck or could it be that successful people are using powerful techniques that keep them ahead of the game?

Money is a recurring obstacle standing between people and their goals. Whether someone wants to retrain for a new career, start a business, meet someone new, or de-stress their lives, money can often figure in the equation. Ask yourself, how much money is enough for you? How much do you deserve? Do you think you earn what you deserve? Sapphire Life Coaching can help you set clear strategies to achieve your financial goals.



Contact Us if You Want Help With:

- Setting clear and realistic goals to achieve your financial aims
- Improving your money situation
- Eliminating all negative beliefs you may have about money
- Creating an achievable strategy to help you get from where you are to where you want to be
- Dealing with your resistance to having an abundance of money in your life
- Feelings that you do not have enough time or resources to make more money
- Understanding what having money means to you
- Increasing self belief and confidence

Sapphire Life Coaching Techniques

- NLP is a practitioner lead process used as part of life coaching that enables a client to alter their mindset and change their life to how they want it to be. Time Line Therapy™ is a collection of techniques that allow you to gain emotional control over your life and is useful for removing negative emotions.
- We teach EFT (Emotional Freedom Techniques) which is an emotional version of acupuncture without the needles. Instead a person can stimulate well established energy meridian points on their body by tapping these points with their fingertips.

Live Your Life, Life It Well!